

## SUMMARY OF BENEFITS

Clear Care Prestige (PPO)

Clear Care Elite (PPO)



## BENEFITS EFFECTIVE:

JAN 1, 2010 – DEC 31, 2010

## COUNTIES SERVED:

Benton, Franklin, Yakima,  
and parts of Clallam  
and Jefferson

H2810



# Section I: Introduction to the summary of benefits

## Thank you for your interest in the Clear Care Prestige (PPO) and Clear Care Elite (PPO) plans.

Our plans are offered by Group Health Options, Inc., a Medicare Advantage Preferred Provider Organization (PPO). This summary of benefits tells you some features of our plan. It doesn't list every service that we cover or list every limitation or exclusion. To get a complete list of our benefits, please call Customer Service and ask for the "Evidence of Coverage."

## You have choices in your health care

As a Medicare beneficiary, you can choose from different Medicare options. One option is the Original (fee-for-service) Medicare Plan. Another option is a Medicare health plan, like our Clear Care Prestige and Clear Care Elite plans. You may have other options too. You make the choice. No matter what you decide, you are still in the Medicare Program.

You may join or leave a plan only at certain times. Please call Group Health's Customer Service at the telephone number listed at the end of this introduction or 1-800-MEDICARE (1-800-633-4227) for more information. TTY users should call 1-877-486-2048. You can call this number 24 hours a day, 7 days a week.

## How can I compare my options?

You can compare the Clear Care Prestige and Clear Care Elite plans and the Original Medicare Plan using this summary of benefits. The charts in this booklet list some important health benefits. For each benefit, you can see what our plan covers and what the Original Medicare Plan covers.

Our members receive all of the benefits that the Original Medicare Plan offers. We also offer additional benefits, which may change from year to year.

## Where are the Clear Care PPO plans available?

There are two plans listed in this summary of benefits. If you are enrolled in one plan and wish to switch to another plan, you may do so only during certain times of the year. Please call Customer Service for more information.

The service area for these plans include the following counties in Washington: Clallam and Jefferson (Clallam and Jefferson include only these ZIP codes: 98382, 98362, 98368, 98363, 98339, 98325, and 98358.); Benton, Franklin and Yakima. You must live in one of these areas to join one of these plans. Please see the back of this brochure for a list of all the Clear Care PPO service area zip codes.

## Who is eligible to join the Clear Care PPO plans?

You can join a Clear Care PPO plan if you are entitled to Medicare Part A and enrolled in Medicare Part B and live in the service area. However, individuals with End Stage Renal Disease are not generally eligible to enroll in a Clear Care PPO plan unless they are members of our organization and have been since their dialysis began.

## Can I choose my doctors?

Group Health Options has formed a network of doctors, specialists, and hospitals. You can use any doctor who is part of our network. You may also go to doctors outside of the network. The health providers in our network can change at any time. You can ask for a current provider directory or, for an up-to-date list, visit us at [www.ghc.org/medicare](http://www.ghc.org/medicare). Our Customer Service number is listed again at the end of this introduction.

## What happens if I go to a doctor who's not in your network?

You can go to doctors, specialists, or hospitals in or out-of-network. You may have to pay more for the services you receive outside the network, and you may have to follow special rules prior to getting services in and/or out of network. For more information, please call the Customer Service number at the end of this introduction.

## Does my plan cover Medicare Part B or Part D drugs?

Clear Care Prestige and Clear Care Elite plans do cover both Medicare Part B prescription drugs and Medicare Part D prescription drugs.

## Where can I get my prescription if I join the Clear Care Prestige or the Clear Care Elite plan?

Group Health Options has formed a network of pharmacies. You must use a network pharmacy to receive plan benefits. We may not pay for your prescriptions if you use an out-of-network pharmacy, except in certain cases. The pharmacies in our network can change at any time. You can ask for a current pharmacy directory or visit us at [www.ghc.org](http://www.ghc.org) and click on Pharmacy Services. Please call Customer Service for more information.

## What is a prescription drug formulary?

The Clear Care PPO plans use a formulary. A formulary is a list of drugs covered by your plan to meet patient needs. We may periodically add, remove, or make changes to coverage limitations on certain drugs or change how much you pay for a drug. If we make any formulary change that limits our members' ability to fill their prescriptions, we will notify the affected enrollees

before the change is made. We will send a formulary to you and you can see our complete formulary on our Web site at [www.ghc.org](http://www.ghc.org) by clicking on Pharmacy Services.

If you are currently taking a drug that is not on our formulary or subject to additional requirements or limits, you may be able to get a temporary supply of the drug. You can contact us to request an exception or switch to an alternative drug listed on our formulary with your physician's help. Call us to see if you can get a temporary supply of the drug or for more details about our drug transition policy.

## How can I get extra help with prescription drug plan costs?

You may be able to get extra help to pay for your prescription drug premiums and costs. To see if you qualify for getting extra help, call: 1-800-MEDICARE (1-800-633-4227), TTY users should call 1-877-486-2048. You can call this number 24 hours a day, 7 days a week. Or call the Social Security Administration at 1-800-772-1213 between 7 a.m. and 7 p.m., Monday through Friday. TTY/TDD users should call 1-800-325-0778 or your state Medicaid office.

## What are my protections on the Clear Care Prestige and Clear Care Elite plans?

All Medicare Advantage Plans agree to stay in the program for a full year at a time. Each year, the plans decide whether to continue for another year. Even if a Medicare Advantage Plan leaves the program, you will not lose Medicare coverage. If a plan decides not to continue, it must send you a letter at least 60 days before your coverage will end. The letter will explain your options for Medicare coverage in your area.

# Section I: Introduction to the summary of benefits

As a member of the Clear Care Prestige or the Clear Care Elite plan, you have the right to request an organization determination, which includes the right to file an appeal if we deny coverage for an item or service, and the right to file a grievance. You have the right to request an organization determination if you want us to provide or pay for an item or service that you believe should be covered. If we deny coverage for your requested item or service, you have the right to appeal and ask us to review our decision. You may ask us for an expedited (fast) coverage determination or appeal if you believe that waiting for a decision could seriously put your life or health at risk, or affect your ability to regain maximum function. If your doctor makes or supports the expedited request, we must expedite our decision. Finally, you have the right to file a grievance with us if you have any type of problem with us or one of our network providers that does not involve coverage for an item or service. If your problem involves quality of care, you also have the right to file a grievance with the Quality Improvement Organization (QIO) for your state, Qualis Health at 1-800-949-7536.

As a member of the Clear Care Prestige or the Clear Care Elite plan, you have the right to request a coverage determination, which includes the right to request an exception, the right to file an appeal if we deny coverage for a prescription drug, and the right to file a grievance. You have the right to request a coverage determination if you want us to cover a Part D drug that you believe should be covered. An exception is a type of coverage determination. You may ask us for an exception if you believe you need a drug that is not on our list of covered drugs or believe you should get a nonpreferred drug at a lower out-of-pocket cost. You can also ask for an exception to cost utilization rules, such as a limit on the quantity of a drug. If you think you need an exception, you should

contact us before you try to fill your prescription at a pharmacy. Your doctor must provide a statement to support your exception request. If we deny coverage for your prescription drug(s), you have the right to appeal and ask us to review our decision. Finally, you have the right to file a grievance if you have any type of problem with us or one of our network pharmacies that does not involve coverage for a prescription drug. If your problem involves quality of care, you also have the right to file a grievance with the Quality Improvement Organization for your state, Qualis Health at 1-800-949-7536.

## What is the Medication Therapy Management Program?

A Medication Therapy Management (MTM) Program is a free service we may offer. You may be invited to participate in a program designed for your specific health and pharmacy needs. You may decide not to participate, but it is recommended that you take full advantage of this covered service if you are selected. Contact the Customer Service department for more details.

## What types of drugs may be covered under Medicare Part B?

The following outpatient prescription drugs may be covered under Medicare Part B. These may include, but are not limited to, the following types of drugs. Contact Customer Service for more details.

- **Some antigens:** If they are prepared by a doctor and administered by a properly instructed person (who could be the patient) under doctor supervision.
- **Osteoporosis drugs:** Injectable drugs for osteoporosis for certain women with Medicare.

- **Erythropoietin (Epoetin alpha or Epogen®):** By injection if you have End-Stage Renal Disease (permanent kidney failure requiring either dialysis or transplantation) and need this drug to treat anemia.
- **Hemophilia clotting factors:** Self-administered clotting factors if you have Hemophilia.
- **Injectable drugs:** Most injectable drugs administered incident to a physician's service.
- **Immunosuppressive drugs:** Immunosuppressive drug therapy for transplant patients if the transplant was paid for by Medicare, or paid by a private insurance that paid as a primary payer to your Medicare Part A coverage, in a Medicare-certified facility.
- **Some oral cancer drugs:** If the same drug is available in injectable form.
- **Oral anti-nausea drugs:** If you are part of an anti-cancer chemotherapeutic regimen.
- **Inhalation and infusion drugs** provided through DME.

## Plan Ratings

The Medicare program rates how well plans perform in different categories (for example, detecting and preventing illness, ratings from patients and customer service). If you have access to the Web, you may use the Web tools on [www.medicare.gov](http://www.medicare.gov) and select "Compare Medicare Prescription Drug Plans" or "Compare Health Plans and Medigap Policies in Your Area" to compare the plan ratings for Medicare plans in your area. You can also call Customer Service directly at 1-888-901-4600 to obtain a copy of the plan ratings for this plan. TTY users call 1-800-833-6388.

Please contact Customer Service for more information about the Clear Care Prestige or the Clear Care Elite plan. Visit us at [www.ghc.org/medicare](http://www.ghc.org/medicare) or call us:

## CUSTOMER SERVICE HOURS

Monday–Friday, 8 a.m.–8 p.m. Pacific

## November 15–February 28

Daily 8 a.m.–8 p.m. Pacific

## CURRENT MEMBERS

Call 1-888-901-4600 for questions related to the Medicare Advantage program and the Medicare Part D Prescription Drug program. (TTY/TDD 1-800-833-6388).

## PROSPECTIVE MEMBERS

Call 1-800-446-8882 for questions related to the Medicare Advantage program and the Medicare Part D Prescription Drug program Monday through Friday 8 a.m.–5 p.m. November 15, 2009–February 28, 2010, daily 8 a.m.–5 p.m. (TTY/TDD 1-800-833-6388).

## FOR MORE INFORMATION ABOUT MEDICARE

Call Medicare at 1-800-MEDICARE (1-800-633-4227). TTY users should call 1-877-486-2048. You can call 24 hours a day, 7 days a week.

Or, visit [www.medicare.gov](http://www.medicare.gov) on the Web.

Group Health Options, Inc. has a Medicare Advantage contract with the Centers for Medicare and Medicaid Services (CMS), the branch of the federal government that administers Medicare. This contract is renewed annually and the availability of coverage beyond the end of the current contract year is not guaranteed. Applicants must have Parts A and B Medicare coverage. If you have special needs, this document may be available in other formats.

# Section II: Summary of benefits

## Important information

BENEFIT CATEGORY	ORIGINAL MEDICARE	CLEAR CARE PRESTIGE PPO	CLEAR CARE ELITE PPO
<p><b>1 Premium and Other Important Information</b></p>	<p>In 2009 the monthly Part B premium was \$96.40 and will change for 2010 and the yearly Part B deductible amount was \$135 and will change for 2010.</p> <p>If a doctor or supplier does not accept assignment, their costs are often higher, which means you pay more.</p> <p>Most people will pay the standard monthly Part B premium. However, starting January 1, 2010, some people will pay a higher premium because of their yearly income. (For 2009, this amount was \$85,000 for singles, \$170,000 for married couples. This amount may change for 2010.) For more information about Part B premiums based on income, call Social Security at 1-800-772-1213. TTY users should call 1-800-325-0778.</p>	<p><b>GENERAL</b> \$37 is the monthly plan premium in addition to your Medicare Part B premium</p> <p><b>IN- AND OUT-OF-NETWORK</b> \$100 yearly deductible. Contact the plan for services that apply. \$3,200 out-of-pocket limit There is no limit on cost sharing for the following services:</p> <p><b>IN-NETWORK</b> Supplemental Services:</p> <ul style="list-style-type: none"> <li>• Dental Services</li> <li>• Hearing Services</li> <li>• Vision Services</li> </ul> <p><b>OUT-OF-NETWORK</b> Supplemental Services:</p> <ul style="list-style-type: none"> <li>• Dental Services</li> <li>• Hearing Services</li> <li>• Vision Services</li> </ul>	<p><b>GENERAL</b> \$78 is the monthly plan premium in addition to your Medicare Part B premium</p> <p><b>IN- AND OUT-OF-NETWORK</b> \$100 yearly deductible. Contact the plan for services that apply. \$2,500 out-of-pocket limit There is no limit on cost sharing for the following services:</p> <p><b>IN-NETWORK</b> Supplemental Services:</p> <ul style="list-style-type: none"> <li>• Dental Services</li> <li>• Hearing Services</li> <li>• Vision Services</li> </ul> <p><b>OUT-OF-NETWORK:</b> Supplemental Services:</p> <ul style="list-style-type: none"> <li>• Dental Services</li> <li>• Hearing Services</li> <li>• Vision Services</li> </ul>
<p><b>2 Doctor and Hospital Choice</b> (For more information, see Emergency—#15 and Urgently Needed Care—#16)</p>	<p>You may go to any doctor, specialist, or hospital that accepts Medicare.</p>	<p><b>IN-NETWORK</b> No referral required for network doctors, specialists and hospitals</p>	<p><b>IN-NETWORK</b> No referral required for network doctors, specialists and hospitals</p>

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## Inpatient care

BENEFIT CATEGORY	ORIGINAL MEDICARE	CLEAR CARE PRESTIGE PPO	CLEAR CARE ELITE PPO
<p><b>3 Inpatient Hospital Care</b> (includes Substance Abuse and Rehabilitation Services)</p>	<p>In 2009 the amounts for each benefit period were:</p> <ul style="list-style-type: none"> <li>• Days 1–60: \$1,068 deductible</li> <li>• Days 61–90: \$267 per day</li> <li>• Days 91–150: \$534 per lifetime reserve day</li> </ul> <p>These amounts will change for 2010.</p> <p>Please call 1-800-MEDICARE (1-800-633-4227) for information about lifetime reserve days.</p> <p>Lifetime reserve days can only be used once</p> <p>A “benefit period” starts the day you go into a hospital or skilled nursing facility. It ends when you go for 60 days in a row without hospital or skilled nursing care. If you go into the hospital after one benefit period has ended, a new benefit period begins. You must pay the inpatient hospital deductible for each benefit period. There is no limit to the number of benefit periods you can have.</p>	<p><b>IN-NETWORK</b></p> <p>For Medicare-covered hospital stays:</p> <ul style="list-style-type: none"> <li>• Days 1–5: \$200 copay per day</li> <li>• Days 6–90: \$0 copay per day</li> </ul> <p>The amount you pay for each Medicare-covered stay may vary depending on which hospital you go to.</p> <p>\$0 copay for additional hospital days</p> <p>No limit to the number of days covered by the plan each benefit period</p> <p><b>OUT-OF-NETWORK</b></p> <p>For hospital stays:</p> <ul style="list-style-type: none"> <li>• Days 1–5: \$400 copay per day</li> <li>• Days 6–90: \$0 copay per day</li> </ul>	<p><b>IN-NETWORK</b></p> <p>For Medicare-covered hospital stays:</p> <ul style="list-style-type: none"> <li>• Days 1–5: \$100 copay per day</li> <li>• Days 6–90: \$0 copay per day</li> </ul> <p>The amount you pay for each Medicare-covered stay may vary depending on which hospital you go to.</p> <p>\$0 copay for additional hospital days</p> <p>No limit to the number of days covered by the plan each benefit period.</p> <p><b>OUT-OF-NETWORK</b></p> <p>For Medicare-covered hospital stays:</p> <ul style="list-style-type: none"> <li>• Days 1–5: \$300 copay per day</li> <li>• Days 6–90: \$0 copay per day</li> </ul>
<p><b>4 Inpatient Mental Health Care</b></p>	<p>Same deductible and copay as inpatient hospital care (see “Inpatient Hospital Care” above)</p> <p>190-day lifetime limit in a Psychiatric Hospital</p>	<p><b>IN-NETWORK</b></p> <p>For Medicare-covered hospital stays:</p> <ul style="list-style-type: none"> <li>• Days 1–5: \$200 copay per day</li> <li>• Days 6–90: \$0 copay per day</li> </ul> <p>The amount you pay for each Medicare-covered stay may vary depending on which hospital you go to.</p> <p>You get up to 190 days in a Psychiatric Hospital in a lifetime.</p> <p>Except in an emergency, your doctor must tell the plan that you are going to be admitted to the hospital.</p> <p><b>OUT-OF-NETWORK</b></p> <p>For hospital stays:</p> <ul style="list-style-type: none"> <li>• Days 1–5: \$400 copay per day</li> <li>• Days 6–90: \$0 copay per day</li> </ul>	<p><b>IN-NETWORK</b></p> <p>For Medicare-covered hospital stays:</p> <ul style="list-style-type: none"> <li>• Days 1–5: \$100 copay per day</li> <li>• Days 6–90: \$0 copay per day</li> </ul> <p>The amount you pay for each Medicare-covered stay may vary depending on which hospital you go to.</p> <p>You get up to 190 days in a Psychiatric Hospital in a lifetime.</p> <p>Except in an emergency, your doctor must tell the plan that you are going to be admitted to the hospital.</p> <p><b>OUT-OF-NETWORK</b></p> <p>For hospital stays:</p> <ul style="list-style-type: none"> <li>• Days 1–5: \$300 copay per day</li> <li>• Days 6–90: \$0 copay per day</li> </ul>

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## Inpatient care

BENEFIT CATEGORY	ORIGINAL MEDICARE	CLEAR CARE PRESTIGE PPO	CLEAR CARE ELITE PPO
<p><b>5 Skilled Nursing Facility (SNF)</b> (in a Medicare-certified skilled nursing facility)</p>	<p>In 2009 the amounts for each benefit period after at least a 3-day covered hospital stay were:</p> <ul style="list-style-type: none"> <li>• Days 1–20: \$0 per day</li> <li>• Days 21–100: \$133.50 per day</li> </ul> <p>These amounts will change for 2010.</p> <ul style="list-style-type: none"> <li>• 100 days for each benefit period</li> </ul> <p>A “benefit period” starts the day you go into a hospital or SNF. It ends when you go for 60 days in a row without hospital or skilled nursing care. If you go into the hospital after one benefit period has ended, a new benefit period begins. You must pay the inpatient hospital deductible for each benefit period. There is no limit to the number of benefit periods you can have.</p>	<p><b>GENERAL</b> Authorization rules may apply</p> <p><b>IN-NETWORK</b> For SNF stays:</p> <ul style="list-style-type: none"> <li>• Days 1–100: \$50 copay per day</li> <li>• Plan covers up to 100 days for each benefit period</li> <li>• No prior hospital stay is required</li> </ul> <p><b>OUT-OF-NETWORK</b> \$75 per SNF day</p>	<p><b>GENERAL</b> Authorization rules may apply</p> <p><b>IN-NETWORK</b> For SNF stays:</p> <ul style="list-style-type: none"> <li>• Days 1–100: \$25 copay per day</li> <li>• Plan covers up to 100 days for each benefit period</li> <li>• No prior hospital stay is required</li> </ul> <p><b>OUT-OF-NETWORK</b> \$50 per SNF day</p>
<p><b>6 Home Health Care</b> (includes medically necessary intermittent skilled nursing care, home health aide services, and rehabilitation services, etc.)</p>	<p>\$0 copay</p>	<p><b>IN-NETWORK</b> \$0 copay for Medicare-covered home health visits</p> <p><b>OUT-OF-NETWORK</b> 20% for home health visits</p>	<p><b>IN-NETWORK</b> \$0 copay for Medicare-covered home health visits</p> <p><b>OUT-OF-NETWORK</b> 20% for home health visits</p>
<p><b>7 Hospice</b></p>	<p>You pay part of the cost for outpatient drugs and inpatient respite care</p> <p>You must get care from a Medicare-certified hospice</p>	<p><b>GENERAL</b> You must get care from a Medicare-certified hospice</p>	<p><b>GENERAL</b> You must get care from a Medicare-certified hospice</p>
<p><b>8 Doctor Office Visits</b></p>	<p>20% coinsurance</p>	<p><b>GENERAL</b> See “Physical Exams” for more information</p> <p><b>IN-NETWORK</b> \$20 copay for each primary care doctor visit for Medicare-covered benefits</p> <p>\$20 copay for each in-area network urgent care Medicare-covered visit</p> <p>\$40 copay for each specialist visit for Medicare-covered benefits</p> <p><b>OUT-OF-NETWORK</b> \$35 copay for each primary care doctor visit \$55 copay for each specialist visit</p>	<p><b>GENERAL</b> See “Physical Exams” for more information</p> <p><b>IN-NETWORK</b> \$10 copay for each primary care doctor visit for Medicare-covered benefits</p> <p>\$10 copay for each in-area network urgent care Medicare-covered visit</p> <p>\$30 copay for each specialist visit for Medicare-covered benefits</p> <p><b>OUT-OF-NETWORK</b> \$25 copay for each primary care doctor visit \$45 copay for each specialist visit</p>

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BENEFIT CATEGORY	ORIGINAL MEDICARE	CLEAR CARE PRESTIGE PPO	CLEAR CARE ELITE PPO
<b>9 Chiropractic Services</b>	Routine care not covered 20% coinsurance for manual manipulation of the spine to correct subluxation (a displacement or misalignment of a joint or body part) if you get it from a chiropractor or other qualified provider.	<b>IN-NETWORK</b> \$20 copay for each Medicare-covered visit Medicare-covered chiropractic visits are for manual manipulation of the spine to correct a subluxation (displacement or misalignment of a joint or body part) if you get it from a chiropractor or other qualified provider. <b>OUT-OF-NETWORK</b> \$35 copay for chiropractic benefits	<b>IN-NETWORK</b> \$10 copay for each Medicare-covered visit Medicare-covered chiropractic visits are for manual manipulation of the spine to correct a subluxation (displacement or misalignment of a joint or body part) if you get it from a chiropractor or other qualified provider. <b>OUT-OF-NETWORK</b> \$25 copay for chiropractic benefits
<b>10 Podiatry Services</b>	Routine care not covered 20% coinsurance for medically necessary foot care, including care for medical conditions affecting the lower limbs.	<b>GENERAL</b> Authorization rules may apply <b>IN-NETWORK</b> \$40 copay for each Medicare-covered visit Medicare-covered podiatry benefits are for medically necessary foot care <b>OUT-OF-NETWORK</b> \$55 copay for podiatry benefits	<b>GENERAL</b> Authorization rules may apply <b>IN-NETWORK</b> \$30 copay for each Medicare-covered visit Medicare-covered podiatry benefits are for medically necessary foot care <b>OUT-OF-NETWORK</b> \$45 copay for podiatry benefits
<b>11 Outpatient Mental Health Care</b>	45% coinsurance for most outpatient mental health services	<b>GENERAL</b> Authorization rules may apply <b>IN-NETWORK</b> \$20 copay for each Medicare-covered individual or group therapy visit <b>OUT-OF-NETWORK</b> \$35 copay for Mental Health benefits \$35 copay for Mental Health benefits with a psychiatrist	<b>GENERAL</b> Authorization rules may apply <b>IN-NETWORK</b> \$10 copay for each Medicare-covered individual or group therapy visit <b>OUT-OF-NETWORK</b> \$25 copay for Mental Health benefits \$25 copay for Mental Health benefits with a psychiatrist
<b>12 Outpatient Substance Abuse Care</b>	20% coinsurance	<b>IN-NETWORK</b> \$20 copay for Medicare-covered individual visits or group visits <b>OUT-OF-NETWORK</b> \$35 copay for outpatient substance abuse benefits	<b>IN-NETWORK</b> \$10 copay for Medicare-covered individual visits or group visits <b>OUT-OF-NETWORK</b> \$25 copay for outpatient substance abuse benefits

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BENEFIT CATEGORY	ORIGINAL MEDICARE	CLEAR CARE PRESTIGE PPO	CLEAR CARE ELITE PPO
<b>13 Outpatient Services/Surgery</b>	20% coinsurance for the doctor 20% of outpatient facility charges	<b>IN-NETWORK</b> \$200 copay for each Medicare-covered ambulatory surgical center visit \$200 copay for each Medicare-covered outpatient hospital facility visit  <b>OUT-OF-NETWORK</b> \$400 copay for ambulatory surgical center benefits \$400 copay for outpatient hospital facility benefits	<b>GENERAL</b> Authorization rules may apply  <b>IN-NETWORK</b> \$100 copay for each Medicare-covered ambulatory surgical center visit \$100 copay for each Medicare-covered outpatient hospital facility visit  <b>OUT-OF-NETWORK</b> \$300 copay for ambulatory surgical center benefits \$300 copay for outpatient hospital facility benefits
<b>14 Ambulance Services</b> (medically necessary ambulance services)	20% coinsurance	<b>IN-NETWORK</b> \$150 copay for Medicare-covered ambulance benefits  <b>OUT-OF-NETWORK</b> \$150 copay for ambulance benefits	<b>IN-NETWORK</b> \$100 copay for Medicare-covered ambulance benefits  <b>OUT-OF-NETWORK</b> \$100 copay for ambulance benefits
<b>15 Emergency Care</b> (You may go to any emergency room if you reasonably believe you need emergency care.)	20% coinsurance for the doctor 20% of facility charge, or a set copay per emergency room visit  You don't have to pay the emergency room copay if you are admitted to the hospital for the same condition within 3 days of the emergency room visit.  NOT covered outside the U.S. except under limited circumstances	<b>GENERAL</b> \$50 copay for Medicare-covered emergency room visits  Worldwide coverage  If you are admitted to the hospital within 1 day for the same condition, you pay \$0 for the emergency room visit.	<b>GENERAL</b> \$50 copay for Medicare-covered emergency room visits  Worldwide coverage  If you are admitted to the hospital within 1 day for the same condition, you pay \$0 for the emergency room visit.
<b>16 Urgently Needed Care</b> (This is NOT emergency care, and in most cases, is out of the service area.)	20% coinsurance, or a set copay  NOT covered outside the U.S. except under limited circumstances	<b>GENERAL</b> \$20 copay for Medicare-covered urgently needed care visits	<b>GENERAL</b> \$10 copay for Medicare-covered urgently needed care visits

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### Outpatient medical services and supplies

BENEFIT CATEGORY	ORIGINAL MEDICARE	CLEAR CARE PRESTIGE PPO	CLEAR CARE ELITE PPO
<b>17 Outpatient Rehabilitation Services</b> (Occupational Therapy, Physical Therapy, Speech and Language Therapy)	20% coinsurance	<b>IN-NETWORK</b> \$20 copay for Medicare-covered Occupational Therapy visits \$20 copay for Medicare-covered Physical and/or Speech/Language Therapy visits <b>OUT-OF-NETWORK</b> \$35 copay for Occupational Therapy benefits \$35 copay for Physical and/or Speech/Language Therapy visits	<b>GENERAL</b> Authorization rules may apply <b>IN-NETWORK</b> \$10 copay for Medicare-covered Occupational Therapy visits \$10 copay for Medicare-covered Physical and/or Speech/Language Therapy visits <b>OUT-OF-NETWORK</b> \$25 copay for Occupational Therapy benefits \$25 copay for Physical and/or Speech/Language Therapy visits
<b>18 Durable Medical Equipment</b> (includes wheelchairs, oxygen, etc.)	20% coinsurance	<b>GENERAL</b> Authorization rules may apply <b>IN-NETWORK</b> 20% of the cost for Medicare-covered items <b>OUT-OF-NETWORK</b> 40% of the cost for durable medical equipment	<b>GENERAL</b> Authorization rules may apply <b>IN-NETWORK</b> 20% of the cost for Medicare-covered items <b>OUT-OF-NETWORK</b> 40% of the cost for durable medical equipment
<b>19 Prosthetic Devices</b> (includes braces, artificial limbs and eyes, etc.)	20% coinsurance	<b>GENERAL</b> Authorization rules may apply <b>IN-NETWORK</b> 20% of the cost for Medicare-covered items <b>OUT-OF-NETWORK</b> 40% of the cost for prosthetic devices	<b>GENERAL</b> Authorization rules may apply <b>IN-NETWORK</b> 20% of the cost for Medicare-covered items <b>OUT-OF-NETWORK</b> 40% of the cost for prosthetic devices

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### Outpatient medical services and supplies

BENEFIT CATEGORY	ORIGINAL MEDICARE	CLEAR CARE PRESTIGE PPO	CLEAR CARE ELITE PPO
<p><b>20 Diabetes Self-Monitoring Training, Nutrition Therapy, and Supplies</b> (includes coverage for glucose monitors, test strips, lancets, screening tests, and self-management training)</p>	<p>20% coinsurance</p> <p>Nutrition therapy is for people who have diabetes or kidney disease (but aren't on dialysis or haven't had a kidney transplant), when referred by a doctor. These services can be given by registered dietitians or include a nutritional assessment and counseling to help you manage your diabetes or kidney disease.</p>	<p><b>GENERAL</b> Authorization rules may apply</p> <p><b>IN-NETWORK</b> \$0 copay for diabetes self-monitoring training \$0 copay for nutrition therapy for diabetes 20% of the cost for diabetes supplies</p> <p><b>OUT-OF-NETWORK</b> \$0 copay for diabetes self-monitoring training \$0 copay for nutrition therapy for diabetes 40% of the cost for diabetes supplies</p>	<p><b>IN-NETWORK</b> \$0 copay for diabetes self-monitoring training \$0 copay for nutrition therapy for diabetes 20% of the cost for diabetes supplies</p> <p><b>OUT-OF-NETWORK</b> \$0 copay for diabetes self-monitoring training \$0 copay for nutrition therapy for diabetes 40% of the cost for diabetes supplies</p>
<p><b>21 Diagnostic Tests, X-Rays, Lab Services, and Radiology Services</b></p>	<p>20% coinsurance for diagnostic tests and X-rays \$0 copay for Medicare-covered lab services</p> <p><b>Lab Services:</b> Medicare covers medically necessary diagnostic lab services that are ordered by your treating doctor when they are provided by a Clinical Laboratory Improvement Amendments (CLIA) certified laboratory that participates in Medicare. Diagnostic lab services are done to help your doctor diagnose or rule out a suspected illness or condition. Medicare does not cover most routine screening tests, like checking your cholesterol.</p>	<p><b>GENERAL</b> Authorization rules may apply</p> <p><b>IN-NETWORK</b></p> <ul style="list-style-type: none"> <li>• \$0 copay for Medicare-covered: <ul style="list-style-type: none"> <li>– lab services</li> <li>– diagnostic procedures and tests</li> </ul> </li> <li>• \$0 copay for Medicare-covered X-rays</li> <li>• \$75 copay for Medicare-covered diagnostic radiology services</li> <li>• \$0 copay for Medicare-covered therapeutic radiology services.</li> </ul> <p><b>OUT-OF-NETWORK</b></p> <ul style="list-style-type: none"> <li>• \$0 copay for diagnostic procedures, tests, and lab services</li> <li>• \$0 copay for therapeutic radiology services</li> <li>• \$0 copay for outpatient X-rays</li> <li>• \$150 copay for diagnostic radiology services</li> </ul>	<p><b>GENERAL</b> Authorization rules may apply</p> <p><b>IN-NETWORK</b></p> <ul style="list-style-type: none"> <li>• \$0 copay for Medicare-covered: <ul style="list-style-type: none"> <li>– lab services</li> <li>– diagnostic procedures and tests</li> </ul> </li> <li>• \$0 copay for Medicare-covered X-rays</li> <li>• \$50 copay for Medicare-covered diagnostic radiology services</li> <li>• \$0 copay for Medicare-covered therapeutic radiology services.</li> </ul> <p><b>OUT-OF-NETWORK</b></p> <ul style="list-style-type: none"> <li>• \$0 copay for diagnostic procedures, tests, and lab services</li> <li>• \$0 copay for therapeutic radiology services</li> <li>• \$0 copay for outpatient X-rays</li> <li>• \$100 copay for diagnostic radiology services</li> </ul>

# Section II: Summary of benefits

## Preventive services

BENEFIT CATEGORY	ORIGINAL MEDICARE	CLEAR CARE PRESTIGE PPO	CLEAR CARE ELITE PPO
<b>22 Bone Mass Measurement</b> (for people with Medicare who are at risk)	20% coinsurance Covered once every 24 months (more often if medically necessary) if you meet certain medical conditions	<b>IN-NETWORK</b> \$0 copay for Medicare-covered bone mass measurement  <b>OUT-OF-NETWORK</b> \$0 copay for Medicare-covered bone mass measurement	<b>IN-NETWORK</b> \$0 copay for Medicare-covered bone mass measurement  <b>OUT-OF-NETWORK</b> \$0 copay for Medicare-covered bone mass measurement
<b>23 Colorectal Screening Exams</b> (for people with Medicare age 50 and older)	20% coinsurance Covered when you are high risk or when you are age 50 and older	<b>IN-NETWORK</b> \$0 copay for Medicare-covered colorectal screenings  <b>OUT-OF-NETWORK</b> \$0 copay for colorectal screenings	<b>IN-NETWORK</b> \$0 copay for Medicare-covered colorectal screenings  <b>OUT-OF-NETWORK</b> \$0 copay for colorectal screenings
<b>24 Immunizations</b> (Flu vaccine, hepatitis B vaccine—for people with Medicare who are at risk, pneumonia vaccine)	\$0 copay for flu and pneumonia vaccines 20% coinsurance for hepatitis B vaccine You may only need the pneumonia vaccine once in your lifetime. Call your doctor for more information.	<b>IN-NETWORK</b> \$0 copay for flu and pneumonia vaccines \$0 copay for hepatitis B vaccine No referral needed for flu and pneumonia vaccines No referral needed for other immunizations  <b>OUT-OF-NETWORK</b> \$0 copay for immunizations	<b>IN-NETWORK</b> \$0 copay for flu and pneumonia vaccines \$0 copay for hepatitis B vaccine No referral needed for flu and pneumonia vaccines No referral needed for other immunizations  <b>OUT-OF-NETWORK</b> \$0 copay for immunizations
<b>25 Mammograms (Annual Screening)</b> (for women with Medicare age 40 and older)	20% coinsurance No referral needed Covered once a year for all women with Medicare age 40 and older. One baseline mammogram covered for women with Medicare between age 35 and 39.	<b>IN-NETWORK</b> \$0 copay for Medicare-covered screening mammograms  <b>OUT-OF-NETWORK</b> \$0 copay for screening mammograms	<b>IN-NETWORK</b> \$0 copay for Medicare-covered screening mammograms  <b>OUT-OF-NETWORK</b> \$0 copay for screening mammograms
<b>26 Pap Smears and Pelvic Exams</b> (for women with Medicare)	\$0 copay for Pap smears Covered once every 2 years Covered once a year for women with Medicare at high risk 20% coinsurance for pelvic exams	<b>IN-NETWORK</b> \$0 copay for Medicare-covered Pap smears and pelvic exams  <b>OUT-OF-NETWORK</b> \$0 copay for Pap smears and pelvic exams	<b>IN-NETWORK</b> \$0 copay for Medicare-covered Pap smears and pelvic exams  <b>OUT-OF-NETWORK</b> \$0 copay for Pap smears and pelvic exams

## Section II: Summary of benefits

### Preventive services

BENEFIT CATEGORY	ORIGINAL MEDICARE	CLEAR CARE PRESTIGE PPO	CLEAR CARE ELITE PPO
<b>27 Prostate Cancer Screening Exams</b> (for men with Medicare age 50 and older)	20% coinsurance for the digital rectal exam \$0 for the PSA test; 20% coinsurance for other related services  Covered once a year for all men with Medicare over age 50	<b>IN-NETWORK</b> \$0 copay for Medicare-covered prostate cancer screening  <b>OUT-OF-NETWORK</b> \$0 copay for prostate cancer screening	<b>IN-NETWORK</b> \$0 copay for Medicare-covered prostate cancer screening  <b>OUT-OF-NETWORK</b> \$0 copay for prostate cancer screening
<b>28 End Stage Renal Disease</b>	20% coinsurance for renal dialysis 20% coinsurance for nutrition therapy for End Stage Renal Disease  Nutrition therapy is for people who have diabetes or kidney disease (but aren't on dialysis or haven't had a kidney transplant), when referred by a doctor. These services can be given by registered dietitians or include a nutritional assessment and counseling to help you manage your diabetes or kidney disease.	<b>IN-NETWORK</b> \$0 copay for renal dialysis \$0 copay for nutrition therapy for End Stage Renal Disease  <b>OUT-OF-NETWORK</b> \$0 copay for renal dialysis \$0 copay for nutrition therapy for End Stage Renal Disease	<b>IN-NETWORK</b> \$0 copay for renal dialysis \$0 copay for nutrition therapy for End Stage Renal Disease  <b>OUT-OF-NETWORK</b> \$0 copay for renal dialysis \$0 copay for nutrition therapy for End Stage Renal Disease
<b>29 Prescription Drugs</b>	Most drugs are not covered by Original Medicare. You can add prescription drug coverage to Original Medicare by joining a Medicare Prescription Drug Plan or you can get all your Medicare coverage, including prescription drug coverage, by joining a Medicare Advantage Plan or a Medicare Cost Plan that offers prescription drug coverage.	<b>Drugs covered under Medicare Part B GENERAL</b> \$0 copay for Part B covered drugs \$0 copay for Part B drugs out-of-network  <b>Drugs covered under Medicare Part C GENERAL</b> \$0 copay for home infusion drugs that would normally be covered under Part D. This cost-sharing amount will also cover the supplies and services associated with home infusion of these drugs.	<b>Drugs covered under Medicare Part B GENERAL</b> \$0 copay for Part B covered drugs \$0 copay for Part B drugs out-of-network  <b>Drugs covered under Medicare Part C GENERAL</b> \$0 copay for home infusion drugs that would normally be covered under Part D. This cost-sharing amount will also cover the supplies and services associated with home infusion of these drugs.

# Section II: Summary of benefits

## Preventive services

BENEFIT CATEGORY	ORIGINAL MEDICARE	CLEAR CARE PRESTIGE PPO	CLEAR CARE ELITE PPO
<p><b>29 Prescription Drugs</b> <i>Continued</i></p>		<p><b>Drugs covered under Medicare Part D</b></p> <p><b>GENERAL</b> This plan uses a formulary. The plan will send you the formulary. You can also see the formulary at <a href="http://www.ghc.org">www.ghc.org</a> by clicking on Pharmacy Services.</p> <p>Different out-of-pocket costs may apply for people who have limited incomes, live in long term care facilities, or have access to Indian/Tribal/Urban (Indian Health Service).</p> <p>Your in-network prescription coverage may be limited to the plan's service area. This means that if you travel outside the service area, you may have to pay the full cost of your prescription. In certain emergencies, your drugs will be covered if you get them at an out-of-network pharmacy although you may have to pay additional charges. Contact the plan for details.</p> <p>Total yearly drug costs are the total drug costs paid by both you and the plan. Some drugs have quantity limits. Your provider must get prior authorization from Group Health Option's Clear Care Prestige (PPO) for certain drugs. You must go to certain pharmacies for a very limited number of drugs, due to special handling, provider coordination, or patient education requirements for these drugs that cannot be met by most pharmacies in your network. These drugs are listed on the plan's Web site, formulary, and printed materials, as well as on the Medicare Prescription Drug Plan Finder on Medicare.gov. If the actual cost of a drug is less than the normal cost-sharing amount for that drug, you will pay the actual cost, not the higher cost-sharing amount. If you request a tier exception in this plan, you will pay the nonpreferred cost share.</p>	<p><b>Drugs covered under Medicare Part D</b></p> <p><b>GENERAL</b> This plan uses a formulary. The plan will send you the formulary. You can also see the formulary at <a href="http://www.ghc.org">www.ghc.org</a> by clicking on Pharmacy Services.</p> <p>Different out-of-pocket costs may apply for people who have limited incomes, live in long term care facilities, or have access to Indian/Tribal/Urban (Indian Health Service).</p> <p>Your in-network prescription coverage may be limited to the plan's service area. This means that if you travel outside the service area, you may have to pay the full cost of your prescription. In certain emergencies, your drugs will be covered if you get them at an out-of-network pharmacy although you may have to pay additional charges. Contact the plan for details.</p> <p>Total yearly drug costs are the total drug costs paid by both you and the plan. Some drugs have quantity limits. Your provider must get prior authorization from Group Health Option's Clear Care Elite (PPO) for certain drugs. You must go to certain pharmacies for a very limited number of drugs, due to special handling, provider coordination, or patient education requirements for these drugs that cannot be met by most pharmacies in your network. These drugs are listed on the plan's Web site, formulary, and printed materials, as well as on the Medicare Prescription Drug Plan Finder on Medicare.gov. If the actual cost of a drug is less than the normal cost-sharing amount for that drug, you will pay the actual cost, not the higher cost-sharing amount. If you request a tier exception in this plan, you will pay the nonpreferred cost share.</p>

# Section II: Summary of benefits

## Preventive services

BENEFIT CATEGORY	ORIGINAL MEDICARE	CLEAR CARE PRESTIGE PPO	CLEAR CARE ELITE PPO
<p><b>29 Prescription Drugs</b> <i>Continued</i></p> <p>IN-NETWORK</p>		<p><b>IN-NETWORK</b> \$310 yearly deductible</p> <hr/> <p><b>INITIAL COVERAGE</b> After you pay your yearly deductible, you pay the following until total yearly drug costs reach \$2,830:</p> <p><b>RETAIL PHARMACY</b></p> <p><b>Preferred Generic</b></p> <ul style="list-style-type: none"> <li>• \$6 copay for a one-month (30-day) supply of drugs in this tier</li> <li>• \$18 copay for a three-month (90-day) supply of drugs in this tier</li> </ul> <p>Not all drugs on this tier are available at this extended day supply. Please contact Customer Service for more information.</p> <p><b>Preferred Brand</b></p> <ul style="list-style-type: none"> <li>• \$17 copay for a one-month (30-day) supply of drugs in this tier</li> <li>• \$51 copay for a three-month (90-day) supply of drugs in this tier</li> </ul> <p>Not all drugs on this tier are available at this extended day supply. Please contact Customer Service for more information.</p> <p><b>Nonpreferred</b></p> <ul style="list-style-type: none"> <li>• 50% coinsurance for a one-month (30-day) supply of drugs in this tier</li> <li>• 50% coinsurance for a three-month (90-day) supply of drugs in this tier</li> </ul> <p>Not all drugs on this tier are available at this extended day supply. Please contact Customer Service for more information.</p>	<p><b>IN-NETWORK</b> \$0 yearly deductible</p> <hr/> <p><b>INITIAL COVERAGE</b> You pay the following until total yearly drug costs reach \$2,830:</p> <p><b>RETAIL PHARMACY</b></p> <p><b>Preferred Generic</b></p> <ul style="list-style-type: none"> <li>• \$9 copay for a one-month (30-day) supply of drugs in this tier</li> <li>• \$27 copay for a three-month (90-day) supply of drugs in this tier</li> </ul> <p>Not all drugs on this tier are available at this extended day supply. Please contact Customer Service for more information.</p> <p><b>Preferred Brand</b></p> <ul style="list-style-type: none"> <li>• \$15 copay for a one-month (30-day) supply of drugs in this tier</li> <li>• \$45 copay for a three-month (90-day) supply of drugs in this tier</li> </ul> <p>Not all drugs on this tier are available at this extended day supply. Please contact Customer Service for more information.</p> <p><b>Nonpreferred</b></p> <ul style="list-style-type: none"> <li>• 50% coinsurance for a one-month (30-day) supply of drugs in this tier</li> <li>• 50% coinsurance for a three-month (90-day) supply of drugs in this tier</li> </ul> <p>Not all drugs on this tier are available at this extended day supply. Please contact Customer Service for more information.</p>

# Section II: Summary of benefits

## Preventive services

BENEFIT CATEGORY	ORIGINAL MEDICARE	CLEAR CARE PRESTIGE PPO	CLEAR CARE ELITE PPO
<p><b>29 Prescription Drugs</b> <i>Continued</i></p> <p><b>IN-NETWORK</b></p>		<p><b>LONG TERM CARE PHARMACY</b></p> <p><b>Preferred Generic</b></p> <ul style="list-style-type: none"> <li>• \$6 copay for a one-month (31-day) supply of drugs in this tier</li> </ul> <p><b>Preferred Brand</b></p> <ul style="list-style-type: none"> <li>• \$17 copay for a one-month (31-day) supply of drugs in this tier</li> </ul> <p><b>Nonpreferred</b></p> <ul style="list-style-type: none"> <li>• 50% coinsurance for a one-month (31-day) supply of drugs in this tier</li> </ul> <hr/> <p><b>MAIL ORDER</b></p> <p><b>Preferred Generic</b></p> <ul style="list-style-type: none"> <li>• \$6 copay for a one-month (30-day) supply of drugs in this tier</li> <li>• \$18 copay for a three-month (90-day) supply of drugs in this tier</li> </ul> <p>Not all drugs on this tier are available at this extended day supply. Please contact Customer Service for more information.</p> <p><b>Preferred Brand</b></p> <ul style="list-style-type: none"> <li>• \$17 copay for a one-month (30-day) supply of drugs in this tier</li> <li>• \$51 copay for a three-month (90-day) supply of drugs in this tier</li> </ul> <p>Not all drugs on this tier are available at this extended day supply. Please contact Customer Service for more information.</p> <p><b>Nonpreferred</b></p> <ul style="list-style-type: none"> <li>• 50% coinsurance for a one-month (30-day) supply of drugs in this tier</li> <li>• 50% coinsurance for a one-month (90-day) supply of drugs in this tier</li> </ul> <p>Not all drugs on this tier are available at this extended day supply. Please contact Customer Service for more information.</p>	<p><b>LONG TERM CARE PHARMACY</b></p> <p><b>Preferred Generic</b></p> <ul style="list-style-type: none"> <li>• \$9 copay for a one-month (31-day) supply of drugs in this tier</li> </ul> <p><b>Preferred Brand</b></p> <ul style="list-style-type: none"> <li>• \$15 copay for a one-month (31-day) supply of drugs in this tier</li> </ul> <p><b>Nonpreferred</b></p> <ul style="list-style-type: none"> <li>• 50% coinsurance for a one-month (31-day) supply of drugs in this tier</li> </ul> <hr/> <p><b>MAIL ORDER</b></p> <p><b>Preferred Generic</b></p> <ul style="list-style-type: none"> <li>• \$9 copay for a one-month (30-day) supply of drugs in this tier</li> <li>• \$27 copay for a three-month (90-day) supply of drugs in this tier</li> </ul> <p>Not all drugs on this tier are available at this extended day supply. Please contact Customer Service for more information.</p> <p><b>Preferred Brand</b></p> <ul style="list-style-type: none"> <li>• \$15 copay for a one-month (30-day) supply of drugs in this tier</li> <li>• \$45 copay for a three-month (90-day) supply of drugs in this tier</li> </ul> <p>Not all drugs on this tier are available at this extended day supply. Please contact Customer Service for more information.</p> <p><b>Nonpreferred</b></p> <ul style="list-style-type: none"> <li>• 50% coinsurance for a one-month (30-day) supply of drugs in this tier</li> <li>• 50% coinsurance for a one-month (90-day) supply of drugs in this tier</li> </ul> <p>Not all drugs on this tier are available at this extended day supply. Please contact Customer Service for more information.</p>

# Section II: Summary of benefits

## Preventive services

BENEFIT CATEGORY	ORIGINAL MEDICARE	CLEAR CARE PRESTIGE PPO	CLEAR CARE ELITE PPO
<p><b>29 Prescription Drugs</b> <i>Continued</i></p> <p><b>IN-NETWORK</b></p>		<p><b>COVERAGE GAP</b> After your total yearly drug costs reach \$2,830, you pay 100% until your yearly out-of-pocket drug costs reach \$4,550.</p> <hr/> <p><b>CATASTROPHIC COVERAGE</b> After your yearly out-of-pocket drug costs reach \$4,550, you pay the greater of:</p> <ul style="list-style-type: none"> <li>• \$2.50 copay for generic (including brand drugs treated as generic) and a \$6.30 copay for all other drugs, or</li> <li>• 5% coinsurance</li> </ul>	<p><b>COVERAGE GAP</b> After your total yearly drug costs reach \$2,830, you pay 100% until your yearly out-of-pocket drug costs reach \$4,550.</p> <hr/> <p><b>CATASTROPHIC COVERAGE</b> After your yearly out-of-pocket drug costs reach \$4,550, you pay the greater of:</p> <ul style="list-style-type: none"> <li>• \$2.50 copay for generic (including brand drugs treated as generic) and a \$6.30 copay for all other drugs, or</li> <li>• 5% coinsurance</li> </ul>
<p><b>OUT-OF-NETWORK</b></p>		<p><b>OUT-OF-NETWORK</b> Plan drugs may be covered in special circumstances, for instance, illness while traveling outside of the plan's service area where there is no network pharmacy. You may have to pay more than your normal cost-sharing amount if you get your drugs at an out-of-network pharmacy.</p> <p>In addition, you will likely have to pay the pharmacy's full charge for the drug and submit documentation to receive reimbursement from Group Health Options.</p> <hr/> <p><b>INITIAL COVERAGE</b> After you pay your yearly deductible, you will be reimbursed up to the full cost of the drug minus the following for drugs purchased out-of-network until total yearly drug costs reach \$2,830:</p> <p><b>Preferred Generic</b></p> <ul style="list-style-type: none"> <li>• \$6 copay for a one-month (30-day) supply of drugs in this tier</li> </ul> <p><b>Preferred Brand</b></p> <ul style="list-style-type: none"> <li>• \$17 copay for a one-month (30-day) supply of drugs in this tier</li> </ul> <p><b>Nonpreferred Generic/Brand</b></p> <ul style="list-style-type: none"> <li>• 50% coinsurance for a one-month (30-day) supply of drugs in this tier</li> </ul>	<p><b>OUT-OF-NETWORK</b> Plan drugs may be covered in special circumstances, for instance, illness while traveling outside of the plan's service area where there is no network pharmacy. You may have to pay more than your normal cost-sharing amount if you get your drugs at an out-of-network pharmacy.</p> <p>In addition, you will likely have to pay the pharmacy's full charge for the drug and submit documentation to receive reimbursement from Group Health Options.</p> <hr/> <p><b>INITIAL COVERAGE</b> You will be reimbursed up to the full cost of the drug minus the following for drugs purchased out-of-network until total yearly drug costs reach \$2,830:</p> <p><b>Preferred Generic</b></p> <ul style="list-style-type: none"> <li>• \$9 copay for a one-month (30-day) supply of drugs in this tier</li> </ul> <p><b>Preferred Brand</b></p> <ul style="list-style-type: none"> <li>• \$15 copay for a one-month (30-day) supply of drugs in this tier</li> </ul> <p><b>Nonpreferred Generic/Brand</b></p> <ul style="list-style-type: none"> <li>• 50% coinsurance for a one-month (30-day) supply of drugs in this tier</li> </ul>

# Section II: Summary of benefits

## Preventive services

BENEFIT CATEGORY	ORIGINAL MEDICARE	CLEAR CARE PRESTIGE PPO	CLEAR CARE ELITE PPO
<p><b>29 Prescription Drugs</b> <i>Continued</i></p> <p><b>OUT-OF-NETWORK</b></p>		<p><b>OUT-OF-NETWORK COVERAGE GAP</b> After your total yearly drug costs reach \$2,830, you pay 100% of the pharmacy’s full charge for drugs purchased out-of-network until your yearly out-of-pocket drug costs reach \$4,550.</p> <p>You will not be reimbursed by this plan for out-of-network purchases when you are in the coverage gap. However, you should still submit documentation so we can add the amounts you spent out-of-network to your total out-of-pocket costs for the year.</p> <hr/> <p><b>OUT-OF-NETWORK CATASTROPHIC COVERAGE</b> After your yearly out-of-pocket drug costs reach \$4,550, you will be reimbursed for drugs purchased out-of-network up to the full cost of the drug minus the following:</p> <ul style="list-style-type: none"> <li>• \$2.50 copay for generic (including brand drugs treated as generic) and a \$6.30 copay for all other drugs, or</li> <li>• 5% coinsurance</li> </ul>	<p><b>OUT-OF-NETWORK COVERAGE GAP</b> After your total yearly drug costs reach \$2,830, you pay 100% of the pharmacy’s full charge for drugs purchased out-of-network until your yearly out-of-pocket drug costs reach \$4,550.</p> <p>You will not be reimbursed by this plan for out-of-network purchases when you are in the coverage gap. However, you should still submit documentation so we can add the amounts you spent out-of-network to your total out-of-pocket costs for the year.</p> <hr/> <p><b>OUT-OF-NETWORK CATASTROPHIC COVERAGE</b> After your yearly out-of-pocket drug costs reach \$4,550, you will be reimbursed for drugs purchased out-of-network up to the full cost of the drug minus the following:</p> <ul style="list-style-type: none"> <li>• \$2.50 copay for generic (including brand drugs treated as generic) and a \$6.30 copay for all other drugs, or</li> <li>• 5% coinsurance</li> </ul>
<p><b>30 Dental Services</b></p>	<p>Preventive dental services (such as cleaning) not covered</p>	<p><b>IN-NETWORK</b> In general, preventive dental benefits (such as cleaning) are not covered. However, this plan covers preventive dental benefits for an extra cost (see “Optional Benefits”).</p> <p>0% of the cost for Medicare-covered dental benefits</p> <p><b>OUT-OF-NETWORK</b> 0% of the cost for comprehensive dental benefits</p>	<p><b>IN-NETWORK</b> In general, preventive dental benefits (such as cleaning) are not covered. However, this plan covers preventive dental benefits for an extra cost (see “Optional Benefits”).</p> <p>0% of the cost for Medicare-covered dental benefits</p> <p><b>OUT-OF-NETWORK</b> \$0 copay for the cost for comprehensive dental benefits</p>

## Section II: Summary of benefits

### Preventive services

BENEFIT CATEGORY	ORIGINAL MEDICARE	CLEAR CARE PRESTIGE PPO	CLEAR CARE ELITE PPO
<b>31 Hearing Services</b>	Routine hearing exams and hearing aids not covered 20% coinsurance for diagnostic hearing exams	<b>IN-NETWORK</b> Hearing aids not covered. <ul style="list-style-type: none"> <li>• \$20 copay for Medicare covered diagnostic hearing exams</li> <li>• \$20 copay for up to 1 routine hearing test</li> <li>• \$0 copay for up to 1 hearing aid fitting evaluation</li> </ul> <b>OUT-OF-NETWORK</b> <ul style="list-style-type: none"> <li>• \$35 copay for hearing exams</li> </ul>	<b>IN-NETWORK</b> Hearing aids not covered. <ul style="list-style-type: none"> <li>• \$10 copay for Medicare covered diagnostic hearing exams</li> <li>• \$10 copay for up to 1 routine hearing test</li> <li>• \$0 copay for up to 1 hearing aid fitting evaluation</li> </ul> <b>OUT-OF-NETWORK</b> <ul style="list-style-type: none"> <li>• \$25 copay for hearing exams</li> </ul>
<b>32 Vision Services</b>	20% coinsurance for diagnosis and treatment of diseases and conditions of the eye Routine eye exams and glasses not covered Medicare pays for one pair of eyeglasses or contact lenses after cataract surgery Annual glaucoma screenings covered for people at risk	<b>IN-NETWORK</b> <ul style="list-style-type: none"> <li>• \$0 copay for one pair of eyeglasses or contact lenses after cataract surgery</li> <li>• \$20 copay for exams to diagnose and treat diseases and conditions of the eye</li> <li>• \$0 copay for up to 1 routine eye exam every year</li> </ul> <b>OUT-OF-NETWORK</b> <ul style="list-style-type: none"> <li>• \$35 copay for eye exams</li> <li>• \$0 copay for eye wear</li> </ul>	<b>IN-NETWORK</b> <ul style="list-style-type: none"> <li>• \$0 copay for one pair of eyeglasses or contact lenses after cataract surgery</li> <li>• \$10 copay for exams to diagnose and treat diseases and conditions of the eye</li> <li>• \$0 copay for up to 1 routine eye exam every year</li> </ul> <b>OUT-OF-NETWORK</b> <ul style="list-style-type: none"> <li>• \$25 copay for eye exams</li> <li>• \$0 copay for eye wear</li> </ul>
<b>33 Physical Exams</b>	20% coinsurance for one exam within the first 12 months of your new Medicare Part B coverage. When you get Medicare Part B, you can get a one time physical exam within the first 12 months of your new Part B coverage. The coverage does not include lab tests.	<b>IN-NETWORK</b> <ul style="list-style-type: none"> <li>• \$0 copay for routine exams</li> <li>• Limited to 1 exam every year</li> <li>• \$20 copay for Medicare-covered benefits</li> </ul> <b>OUT-OF-NETWORK</b> <ul style="list-style-type: none"> <li>• \$35 copay for routine exams</li> </ul>	<b>IN-NETWORK</b> <ul style="list-style-type: none"> <li>• \$0 copay for routine exams</li> <li>• Limited to 1 exam every year</li> <li>• \$10 copay for Medicare-covered benefits</li> </ul> <b>OUT-OF-NETWORK</b> <ul style="list-style-type: none"> <li>• \$25 copay for routine exams</li> </ul>

## Section II: Summary of benefits

### Preventive services

BENEFIT CATEGORY	ORIGINAL MEDICARE	CLEAR CARE PRESTIGE PPO	CLEAR CARE ELITE PPO
<b>34 Health/Wellness Education</b>	<p><b>Smoking Cessation:</b> Covered if ordered by your doctor. Includes two counseling attempts within a 12-month period if you are diagnosed with a smoking-related illness or are taking medicine that may be affected by tobacco.</p> <p>Each counseling attempt includes up to four face-to-face visits. You pay coinsurance and Part B deductible applies.</p>	<p><b>IN-NETWORK</b> This plan covers the following health/wellness education benefits:</p> <ul style="list-style-type: none"> <li>• Additional Smoking Cessation</li> <li>• Consulting Nurse Service</li> <li>• \$0 copay for each Medicare-covered smoking cessation counselling session</li> </ul> <p><b>OUT-OF-NETWORK</b></p> <ul style="list-style-type: none"> <li>• \$0 copay for Health and Wellness Services</li> </ul>	<p><b>IN-NETWORK</b> This plan covers the following health/wellness education benefits:</p> <ul style="list-style-type: none"> <li>• Additional Smoking Cessation</li> <li>• Consulting Nurse Service</li> <li>• \$0 copay for each Medicare-covered smoking cessation counselling session</li> </ul> <p><b>OUT-OF-NETWORK</b></p> <ul style="list-style-type: none"> <li>• \$0 copay for Health and Wellness Services</li> </ul>
<b>35 Transportation (Routine)</b>	Not covered	<p><b>IN-NETWORK</b> This plan does not cover routine transportation</p>	<p><b>IN-NETWORK</b> This plan does not cover routine transportation</p>
<b>36 Acupuncture</b>	Not covered	<p><b>IN-NETWORK</b> This plan does not cover Acupuncture</p>	<p><b>IN-NETWORK</b> This plan does not cover Acupuncture</p>

### Optional supplemental package 1

<p><b>Premium and other important information</b></p> <p><b>Dental Services</b></p>		<p><b>GENERAL</b> Package 1: Dental</p> <p>\$48 monthly premium, in addition to your \$37 monthly plan premium and the monthly Medicare Part B premium, for the following optional benefits:</p> <ul style="list-style-type: none"> <li>• Dental Services</li> <li>• \$1,500 limit every year for these benefits</li> </ul> <p><b>IN-NETWORK</b> \$0 copay for the following preventive dental benefits:</p> <ul style="list-style-type: none"> <li>• Up to 1 oral exam every six months</li> <li>• Up to 1 cleaning every six months</li> <li>• Up to 1 fluoride treatment every six months</li> <li>• Up to 1 dental X-ray every six months</li> </ul> <p>\$1500 limit for preventive dental benefits every year</p> <p><b>OUT-OF-NETWORK</b></p> <ul style="list-style-type: none"> <li>• 20% of the cost for preventive dental services</li> <li>• 30% to 60% of the cost for comprehensive dental services</li> </ul>	<p><b>GENERAL</b> Package 1: Dental</p> <p>\$48 monthly premium, in addition to your \$78 monthly plan premium and the monthly Medicare Part B premium, for the following optional benefits:</p> <ul style="list-style-type: none"> <li>• Dental Services</li> <li>• \$1,500 limit every year for these benefits</li> </ul> <p><b>IN-NETWORK</b> \$0 copay for the following preventive dental benefits:</p> <ul style="list-style-type: none"> <li>• Up to 1 oral exam every six months</li> <li>• Up to 1 cleaning every six months</li> <li>• Up to 1 fluoride treatment every six months</li> <li>• Up to 1 dental X-ray every six months</li> </ul> <p>\$1500 limit for preventive dental benefits every year</p> <p><b>OUT-OF-NETWORK</b></p> <ul style="list-style-type: none"> <li>• 20% of the cost for preventive dental services</li> <li>• 30% to 60% of the cost for comprehensive dental services</li> </ul>
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## Section III: Other benefits

When you join a Clear Care PPO plan you will also receive additional benefits as a Group Health Options member. You'll have access to the following services, and more:

### YOU CAN

- Select from hundreds of contracted personal physicians in the PPO service areas
- Select from a large number of contracted specialists in the PPO service areas
- Change doctors anytime

### YOU'LL GET

- Use of the 24-hour Consulting Nurse helpline
- An online library of more than 5,000 health topics
- Health Profile, a secure Web-based health assessment tool
- Lifestyle Coaching, 24/7 telephone-based support from trained professionals, once you complete the Health Profile

### OTHER PERKS

- The Global Fit® discount fitness program
- Prescription refills by mail
- Weight Watchers®

### Dental Benefits

**Note:** If you have elected to purchase Dental Benefits, your monthly premium will be \$48 in addition to your plan premium each month. You are covered each year for a maximum of \$1,500 for **combined** Preventive and/or Comprehensive benefit for ALL plan covered dental services. Covered preventive services in-network paid at 100% and out-of-network paid at 80% of Washington Dental Service (WDS) approved fee schedule. Restorative covered services paid at 80% of WDS approved fee schedule. Coverage for denture adjustments and relines covered services paid at 80% of Washington Dental Service (WDS) approved fee schedule. A \$100 annual deductible applies to dental services except for preventive dental care.

#### Skilled Nursing Facility (Group Health Covered)

When a 3-day Medicare covered hospital stay does not occur and the plan determines that the member otherwise meets all Medicare criteria for an acute inpatient hospital stay at the time of admission to a Medicare Certified Skilled Nursing Facility, the plan may authorize Medicare covered Skilled Nursing Facility Care up to the Medicare Skilled Nursing Facility day limit per benefit period. Skilled nursing facility stays must meet Medicare criteria. All in-network stays must meet Medicare criteria and the stay must be authorized by the plan.

### Out-Of-Pocket Limit; Stop Loss Provision for Copayments

Total copayment expenses for outpatient services and the outpatient supplies such as hospital emergency room visits, ambulance/transportation services, inpatient hospital stays, and inpatient mental health care stays, are limited to an aggregate annual maximum of \$3,200 for the Clear Care Prestige plan and \$2,500 for the Clear Care Elite plan per calendar year per member.

This summary of benefits tells you some features of our plans. It doesn't list every service that we cover or list every limitation or exclusion. To get a complete list of our benefits, please call Group Health Options at 1-888-901-4600 and ask for the "Evidence of Coverage."

## Clear Care PPO Service area zip codes

98362	99326	98936
98363	99330	98938
98382	99335	98939
98325	99343	98942
98339	99301	98944
98358	99302	98947
98368	98920	98948
99320	98921	98901
99336	98923	98903
99337	98904	98951
99338	98929	98952
99345	98937	98902
99346	98930	98907
99352	98932	98908
99353	98933	98909
99354	98935	98953



[www.ghc.org](http://www.ghc.org)  
1-800-446-8882